

Great Harvest Bread Co.®

Salads - Made to Order

All salads are freshly made to order on mixed greens and come with a bag of chips or a cookie.

HEIDI'S CHICKEN SALAD OR GULF COAST TUNA SALAD...\$7.50

Heidi's Chicken Salad (510 cal) or Gulf Coast Tuna (440 cal) with thinly sliced red onion and tomato.

YARDBIRD (630 CAL)\$7.50 WITH CHICKEN(+100 CAL)...\$ 8.50

Fresh seasonal berries with a delightful mix of seasoned nuts and seeds, shredded parmesan, cranberries, and golden raisins served with Italian or Balsamic Vinaigrette.

GRAIN BOWL (390 CAL)\$7.50 WITH CHICKEN(+100 CAL)..\$8.50

Fresh toasted wheat and quinoa along with fresh seasonal berries, sliced almonds, sunflower seeds, and feta with Balsamic Vinaigrette.

CAESAR SALAD (450 CAL).....\$6.50 WITH CHICKEN(+100 CAL)..\$7.50

Romaine lettuce topped with shredded parmesan, croutons and caesar dressing.

COBB SALAD (460 CAL)\$ 8.50

Chicken, bacon, hard boiled egg, tomato, avocado, blue cheese crumbles, and croutons topped with our fresh roasted garlic-lemon vinaigrette.

MEXICALI (290 CAL)\$ 8.50

Boar's Head® Ovengold® Turkey, fresh avocado, shaved cabbage, tomato, red onion, black beans, tortilla chips, and our delicious house-made chipotle honey lime yogurt dressing.

Hot Sandwiches

All Sandwiches are grilled and on your choice of bread. Each sandwich includes your choice of a bag of chips or a cookie.

GREEN CHILI TURKEY MELT (590 - 650 CAL)\$8.50

Boar's Head® Ovengold® Turkey, with green chili mayo, green chili strips, tomato and cheddar.

PORTOBELLO PESTO MELT (620 - 680 CAL)\$7.95

Marinated Portobello mushrooms with fresh spinach, provolone, tomato and a made-from-scratch artichoke pesto spread.

NOLAN'S APPLE BACON CHEDDAR MELT (620 - 680 CAL)...\$6.50

Sweet Heat Jam with freshly sliced granny smith apples, smoked bacon and cheddar.

ROASTED PEPPER CHIPOTLE CHEESESTEAK (740-790 CAL)....\$8.50

Boar's Head® London Broil Roast Beef layered with melted Havarti cheese, marinated roasted bell pepper & onions, and chipotle mayo.

Breakfast

BREAKFAST PANINI (670 - 800 CAL)\$4.50

Egg, cheddar and your choice of Boar's Head® Ovengold® Turkey, SmokeMaster® Ham, Bacon, or Veggies on your choice of bread. Make it on a biscuit or bagel when available for \$.75 more.

Fresh Sandwiches and Salads served All Day

1623 S. Fry Katy 281-578-3097

Great Harvest Bread Co.®

Classic Sandwiches

All sandwiches are prepared with thinly sliced red onion, lettuce, sliced tomato, salt and pepper on your choice of bread. Each sandwich comes with a bag of chips or cookie.

HAM & SWISS (630 - 690 CAL)\$8.50

Boar's Head® SmokeMaster® Ham and Swiss

TURKEY & SWISS (600 - 650 CAL)\$8.50

Boar's Head® Ovengold® Turkey and Swiss

ROAST BEEF & PROVOLONE (630 - 680 CAL)\$8.50

Boar's Head® London Broil Roast Beef and Provolone.

Signature Sandwiches

All cold signature sandwiches are prepared with thinly sliced red onion, lettuce, sliced tomato, salt & pepper on your choice of bread. Each sandwich comes with a bag of chips or cookie.

TEXAN COBB (510 - 560 CAL).....\$8.50

Boar's Head® Ovengold® Turkey, fresh avocado, crispy bacon with a blue cheese spread.

THE ITALIAN (660 - 710 CAL).....\$8.50

Genoa salami, pepperoni, Boar's Head® SmokeMaster® Ham and provolone, topped with Cif roasted red pepper olive tapenade and a drizzle of red wine vinaigrette.

HEIDI'S CHICKEN SALAD (690 - 740 CAL)\$7.50

Diced white chicken, sweet & spicy pecans tossed with our seasoned mayonnaise dressing.

GULF COAST TUNA SALAD (620 - 670 CAL).....\$7.50

Chunks of white albacore tuna with a seasoned mayonnaise.

BAJA CHIPOTLE TURKEY (620 -700 CAL).....\$8.50

Boar's Head® Ovengold® Turkey with a chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, and salt & pepper.

HARVEST VEGGIE (500 - 550 CAL)\$7.95

Fresh pepper rings, cucumber slices, provolone and cheddar cheese with red pepper spread.

THREE SEED HUMMUS (VEGAN (540 - 590 CAL)\$7.95

Three Seed Hummus, fresh bell peppers, cucumber, and shredded carrots.

Kids Menu Add a bag of chips or cookie for \$.75

PEANUT BUTTER AND JELLY(650 - 710 CAL)\$3.50

GRILLED CHEESE (620 - 730 CAL)\$3.50 ADD MEAT...\$4.50

Two slices of cheddar on your choice of bread. Add turkey or ham (60 cal). Other cheeses available on request.

KIDS TURKEY OR HAM WITH CHEDDAR (350 - 500 CAL)...\$3.95

ADD VEGGIES...\$4.95 Lighter portion of meat with cheese complemented with mayo or mustard, and lettuce.

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www.greatharvestkatytx.com